

Manifesto

The ritual of creating ephemeral territory

Step 1: Seek discomfort, never get too comfortable.

Purposely put yourself in exposed places.
You perform better when others are watching,
slip into your role.

Step 2: You need your own personal space to work.

Space to spread yourself out, space for your many belongings.
Space to feel safe in.

Step 3: Your body tells you how much space you need.

Like animals, you instinctively choose territory that you can defend with minimal energy.
Stretch out your arms and measure the span. This is the ideal space you need.

Step 4: Visually mark your territory.

Or else, others will invade it.
Painting lines on the ground with chalk isn't enough.
You need to use a delicate, fragile material to create a strong visual and tactile contrast.
Otherwise the marking won't be respected and walked over.

Step 5: Limit and be aware of the passage of time.

Only then will you work with focus and appreciate the designated work time.

Step 6: Before you start working, prepare your workspace.

Consciously take this time to quiet down.
Mindfully create the work sphere you are about to enter, leaving your distracting thoughts outside
of your bubble.

Step 7: Your tools are important.

Everything you touch to create your space and work with inside of your space is valuable and
should be treated as such.

Step 8: You are responsible for what you invite and allow into your space.

Eliminate distraction. Only bring things into your space that inspire or serve a purpose.
This applies to people and objects alike.
You create the atmosphere within your space.
Be selective and only allow beauty in.

Step 9: Allow yourself to hack your system.

Your restrictions are self-imposed.
If you want to add more time to your stay, do it.
If you want to adapt the shape and size of your space, do it.

Step 10: After you finished working, clean up your workspace.

The act helps you wind down and slowly leave your work sphere, both physically and mentally.
By cleaning, you leave the space better than you found it.
This is an act of thanking the space for allowing you to claim it for a period of time before
gratefully returning it to its rightful owner.